Bird Safety Corner

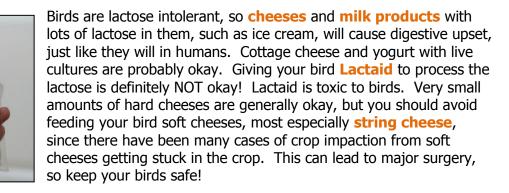
Food Part 1



Most of us know about the major foods and drinks to avoid giving our birds. These include **chocolate**, **avocado**, caffeinated drinks (**coffee**, **tea**), regular or diet **soda**, **alcohol**, and **salt**, but there are others as well that have not received as much press. Many of these are also toxic to cats and dogs.

Onions and **garlic** should not be fed to birds, especially raw. Remember that the onion family includes leeks, shallots, chives, and scallions. Garlic is in the same family as onions – alliums. Onions and garlic cause hemolytic anemia, a condition in which the blood cells burst. They can also cause digestive problems. While small amounts dissolved in prepared foods are probably okay, it is best to try to avoid directly feeding onions and garlics to

your birds.



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